General Information

Public Health Nurses (PHNs) hold a Bachelors of Science Degree in Nursing, a California Public Health Nursing Certificate and works to promote and protect the health of clients/families/communities by assessing health status, providing education on specific health conditions, facilitating linkage to community resources, assessing and improving access to health care, identifying supportive services and ensuring the highest level of self-sufficiency.

Community Health Outreach Workers (CHOWs) are frontline public health workers who are trusted and have a close understanding of the community they serve. CHOWS serve as liaisons between the community and programs for health and social service needs, to facilitate access to services. They work to improve the quality and cultural competence of service delivery. CHOWs also build individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, informal counseling, social support, and advocacy.

**Alameda County
Public Health Department
Nursing Administration**
1000 Broadway, Suite 500
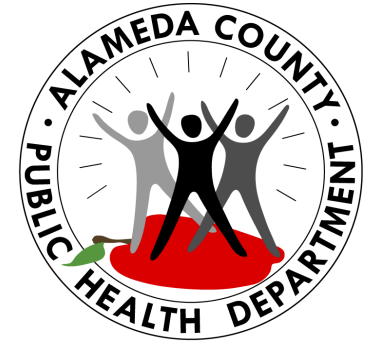Oakland, CA 94607
Tel: 510-208-5930
Fax: 510-267-3212

Pre-Eligibility Unit
Tel: 510-577-7080
Fax: 510-383-5060

Region 1 (North County)
Public Health Nursing Unit
Tel: 510-577-7080
Fax: 510-383-5223

Serving Alameda, Albany, Ashland, Emeryville, Oakland, Piedmont, and unincorporated areas of Northern Alameda County

Region 2 (South County)
Public Health Nursing Unit
Tel: 510-670-8457
Fax: 510-670-8466

Serving Castro Valley, Cherryland, Dublin, Fairview, Fremont, Hayward, Livermore, Newark, Pleasanton, San Leandro, San Lorenzo, Sunol, Union City and unincorporated areas of Southern Alameda County

Alameda County Public Health Nursing

Making a difference in your community

Public Health Nursing

The Alameda County Public Health Nursing Community Health Teams are staffed by Public Health Nurses and Community Health Outreach Workers who work together to advance the health of Alameda County residents in partnership with clients, families, and communities. Services are provided in a variety of settings, such as a client's own home, clinic, school, and other community settings.

Eligibility Criteria

- Low income residents of Alameda County (except for those residing in the City of Berkeley)

  - Single Adults
  - Families with Children
  - Seniors
  - Persons with Disabilities
  - Pregnant Women

- Low income persons with specific diseases such as congestive heart failure, hypertension, and diabetes

To request our services, please call the
Pre-Eligibility Unit
(510) 577-7080

Our Services Include:

Comprehensive assessment and periodic reassessment of individuals and families to determine the need for any medical, educational, social or other services; referral and linkage to resources and other services; health information and education delivered in person and by phone.

Types of Referrals That Can Be Made to ACPHN:

- Newborn or child prenatally exposed to harmful substances
- Failure to Thrive Infant/Child
- Low-Birth Weight Infant
- Concerns regarding infant or child growth and/or development
- At-risk for or currently using harmful substances during pregnancy
- Maternal or postpartum mental health concerns
- Inconsistent, late-entry into or no prenatal care
- Education on Infant Care to Pregnant/Parenting Mothers and Fathers (including teens)
- Families with a history of infant loss

- Adolescents/Adults/Older Adults at risk for institutionalization
- Adolescents/Adults/Older Adults with chronic conditions
- Assistance with access to health care services
- Assistance with scheduling appointments—medical, dental, specialty
- Breastfeeding Lactation Education and Support
- Safe Sleep Instruction
- Safety Seats for Infants/Toddlers
- Immunizations/Vaccinations
- Linkage to resources, such as:
  - Childcare
  - Clothing, Food, Housing
  - Counselors/Therapists
  - Educational opportunities
  - Employment opportunities
  - Cash Assistance, SSI
  - Health insurance
  - Immigration/Legal Aid
  - Support Groups
  - Transportation